

**APPLEKNOCKER 2009**

**JERRY JENNINGS MEMORIAL RUN ENTRY FORM**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PLACE AN **X** IN THE CATEGORY IN WHICH YOU WILL BE COMPETING:

**5K RUN** \_\_\_\_\_ **1 MILE RUN** \_\_\_\_\_ **8 AND UNDER** \_\_\_\_\_

PLEASE **CIRCLE** THE AGE CATEGORY IN WHICH YOU WILL BE COMPETING:

5K Run:

18 & under      19—24      24—34      35—44      45—54      55 & older

1 Mile Run:

8 & under      9—12      13—19      19 & older

8 & Under 100 yd. dash

All participants in the 100 yard dash will receive a ribbon

**THOSE COMPETING IN THE 5K OR 1 MILE RUN ARE ELIGIBLE TO RECEIVE A T-SHIRT IF PRE-REGISTERED BY SEPT. 15TH. PLEASE CIRCLE THE SIZE THAT YOU WILL REQUIRE.**

**YOUTH SIZE:      SMALL      MEDIUM      LARGE**

**ADULT SIZE:      SMALL      MEDIUM      LARGE      EX-LARGE**

**WE LOOK FORWARD TO SEEING YOU ON SAT., SEPT. 26, 2009, AT 8 AM  
IN FRONT OF FLORA HIGH SCHOOL**

**EMAIL ADDRESS: \_\_\_\_\_**

**AMOUNT OF MONEY BEING SUBMITTED: \_\_\_\_\_**

**\$15 FOR EACH 5K RUNNER    \$7 FOR EACH MILE RUNNER    100 YR. DASH FREE**

**MAIL ENTRY FORM TO THE FOLLOWING ADDRESS:**

**FLORA HIGH SCHOOL  
ATT: BOB MCNEELY  
600 SOUTH LOCUST  
FLORA, IL 62839**

START APPLEKNOCKER

with the

# Jerry Jennings Memorial Run

Sponsored by the FHS Football  
the Flora Academic Foundation

5K, 1 MILE RUN & 100 YD DASH

SATURDAY

SEPTEMBER 26, 2009

FLORA, ILLINOIS

REGISTRATION FEE:      \$15 for 5K run      \$7 for 1 Mile run

100 yard dash FREE for children 8 years old and under

Final registration begins in front of FHS at 8:00 AM the day of the race

100 yard dash begins at 8:30 AM

5K & 1 Mile runs begin at 8:45 AM in front of Flora High School

Those pre-registered by Sept. 15th are assured of receiving a T-shirt

Make checks payable to: JERRY JENNINGS MEMORIAL RUN

Send entry form & check to:

Flora High School  
Att: Jerry Jennings  
444 South Locust  
Flora, IL 62839



Awards for 5K run in the following categories:

18 & under      19—24      24—34      35—44      45—54      55 & older

Awards for 1 Mile run in the following categories:

8 & under      9—12      13—19      19 & older

All participants in the 100 yard dash will receive a ribbon